

Dear friends all over the world

Another year has passed, time flies! In this New Year's letter, we share some of our daily life's highlights of 2024.

For 2025, we wish you all love, peace and happiness. We hope to see many of you in the new year!

Big hug,

Albert & Beatrix



Family time is quality time

Although we live in Norway and both our families in the Netherlands, we manage to visit them regularly and spend quality time together. Always very precious and great fun!



Winter fun

You can't live happily ever after in Norway without being very fond of long winters with lots of snow and ice. Luckily, we are 😊



Enjoying cross-country skiing in winter wonderland

Even waterfalls freeze over in this country



After 15 years of shovelling snow by hand, we finally invested in a snow blower – life made easy 😊

Sharing the fun with visitors

In 2024, several friends and family members made the journey to Trondheim to pay us a visit. We love playing host and showing all our lovely city and its stunning surroundings.



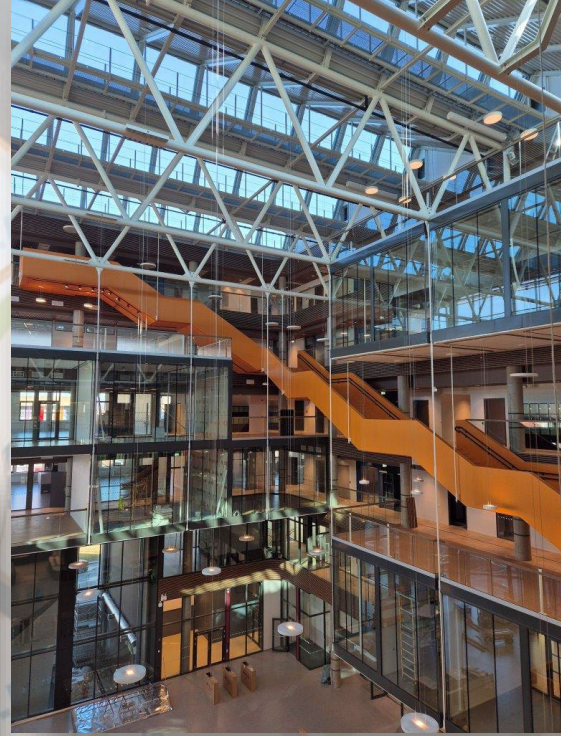
John & Larissa visited us in February, well-prepared for the winter cold. Menno & Ingrid came twice, in April and December. Van der Gils family disembarked in Trondheim for half a day while cruising along the Norwegian coast. Frank stayed for a few days in June after the ICPA conference. And Wim, Gertrude, Daniel and Sterre drove all the way up from Holland!

Bea at work

2024 was a crazy busy year for Beatrix. She co-organised four international conferences in the Winter and Spring. The Summer months were spent writing the end report of the mega EU-project Mobilise-D, while also moving office to a fantastic new building. And no luck trying to relax in the Autumn either, juggling a full teaching load with Academic Leader for the NeXt Move core facilities and (temporary) Group Leader for GeMS. And let's not forget the work trips to Paris, Edinburgh, Berlin and Rennes...



Enjoying a free afternoon with some of her team in Berlin



The NeXt Move team celebrating another year over



Last Patient, Last Visit in the Mobilise-D Clinical Validation Study

Acting Dean for a PhD defense



Culinary delights

We both have a strong interest in gastronomic experiences and greatly enjoy dining out in good company. Beatrix has been part of the regional board of the international gastronomy club La Chaîne des Rôtisseurs for several years, while Albert joined the Norwegian board this year.



Albert at work

This year, Albert gave numerous presentations at conferences and seminars about how Melhus Municipality organizes its municipal healthcare services. In April, Melhus Municipality transitioned to a new patient record system, Helseplattformen, which involved a significant amount of work. In December, Albert had the honor of opening the traditional Christmas concert of the Buen Health Choir.



Melhus kobler seg snart på Helseplattformen: - Jeg er kjempepositiv



Rådgiver Phillip Anders orienterte kommunestyret om Helseplattformen, sammen med kommunalsjef for helse og velferd, Albert Verhagen. Foto: Jens Granøien

Av [Jens Granøien](#)

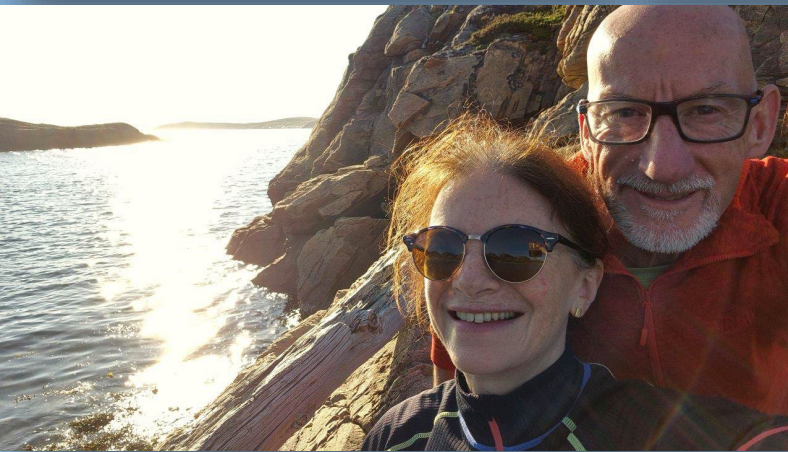
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Enjoying our campervan

In 2024 as well, we explored more of Norway in our campervan as often as we could. We visited friends in Flatanger and Resdalen, enjoyed the mountains and the coastline, and drove all the way to the North Cape in our summer holiday. Fantastic!!!





Happy New Year

2025



We wish you a year filled with
joy, health, and new opportunities